

分類	條例	處罰		
開始動作	D 6.12 如跳水運動員在裁判長警告以後超過一分鐘尚未開始跳水動作	裁判長宣告"動作失敗"; 0 分	超過一分鐘	R "0"
開始動作	D 6.25 如跳水運動員拒絕進行動作	裁判長宣告"動作失敗"; 0 分	拒絕動作	R "0"
開始動作	D 6.21 在裁判長表示該動作可以開始後,任何人為跳水運動會提出協助	裁判長宣告"動作失敗"; 0 分	人為協助	R "0"
開始動作	D 8.2.3 不適當的開始動作	裁判員扣除 "1/2分至 2分"	開始適當	- 0.5 至 2

起跳中	D 8.3.3 走板或跳台時,跨跳步的最後一步非為單腳踏板	裁判長宣告"動作失敗"; 0 分	跨跳步最後不是單腳	R "0"
起跳中	D 8.4.3 如果運動員最後離開跳板(起板)時雙腳不同時離開跳板	裁判長宣告"動作失敗"; 0 分	雙腳不同時離開跳板	R "0"
起跳中	D 6.16 跳水運動員在跳台或跳板的起跳動作前反複壓板(彈板)	裁判長宣告"動作失敗"; 0 分	反複壓板	R "0"
起跳中	D 6.24 如任何重新 開始不成功	裁判長宣告"動作失敗"; 0 分	重新開始 不成功	R "0"
起跳中	D 6.23 如運動員在走板、站立的預備動作及臂立進行動作時重新開始	裁判長宣告"裁判照常打分,工作人員自動為各裁判減2分"	重新開始/繼續	R - 2 "BY 工作人員"
起跳中	D 6.22 如運動員在開始壓板後移動或停止後再繼續	裁判長宣告"裁判照常打分,工作人員自動為各裁判減2分"	重新開始/繼續	R - 2 "BY 工作人員"
起跳中	D 8.3.4跳水運動員在跳台或跳板的起跳動作前反複壓板(彈板)	裁判員給予 "0 分"	反複壓板	0
起跳中	D 8.2.4.3 在立定起跳前不由自主地原地彈跳(crow-hop - 常見的二/四組雙重起跳)	裁判員扣除 "1/2分至 2分"	crow-hop - 常見的二/四組雙重起跳	- 0.5 至 2
起跳中	D 8.2.6.2 於臂立跳水動作時,沒有展現臂立的垂直靜止平衡動作	裁判員扣除 "1/2分至 2分"	臂立 不靜止	- 0.5 至 2
起跳中	D 8.3.2 走板或跑台時不順暢或不自然或未到達跳台或跳板的盡頭	裁判員扣除 "1/2分至 2分"	走板不自然,不到板頭	- 0.5 至 2
起跳中	D 8.4.5運動員起跳時高度、信心及果斷	裁判員扣除 "1/2分至 2分"	起跳不自然	- 0.5 至 2

空中	D 6.18 如裁判長 確認 跳水運動員所展現的動作非為參賽時提交的動作	裁判長宣告"動作失敗"; 0 分	非為參賽時提交的動作	R "0"
空中	D 8.1.7 如裁判員 確認 跳水運動員所展現的動作非為參賽時提交的動作	裁判員給予 "0 分"	非為參賽時提交的動作	0
空中	D 8.5.1 進行跳水動作時,運動員在空中移離跳板的直線軌跡(搬板)	裁判員依"個人意見"扣除	搬板	個人意見
空中	D 8.5.6 如跳水運動員在飛身翻騰動作一周時不以清晰的直體形態翻騰四分之一周(90°)或在飛身翻騰動作多於一周時不以清晰的直體形態翻騰半周(180°)	裁判員給予 "此動作最高為4.5分"	不完整飛身	MAX 4.5
空中	D 8.5.4 在空中的任何動作不規範(條例)	裁判員扣除 "1/2分至 2分"	空中不規範(條例)	- 0.5 至 2

空中-觸板	D8.5.2動作進行中,運動員的腳或手觸摸跳板或跳台的尾段	裁判員依"個人意見"扣除	手觸板	個人意見 *
空中-觸板	D8.5.3動作進行中,運動員和跳板或跳台是不安全的距離 或 腳或頭部接觸跳板或跳台的尾段	裁判員給予 "此動作最高為2分"	頭觸板 / 危險距離	MAX 2 *
空中-觸板	D8.5.3續--如過半裁判基於 D8.5.2不安全的距離腳或頭部接觸跳板 於給予最高2分或以下	裁判長/秘書處 宣告 "此動作最高為2分"	過半裁判 Max 2 頭觸板 / 危險距離	R MAX 2 *

空中-形態	D 8.1.6 如跳水運動員沒有正確展現的空中形態(A,B,C)	裁判員扣除 "1/2分至 2分"	不像稱空中形態	- 0.5 至 2
空中-形態	D 8.1.5 如跳水運動員部份不展現參賽時提交的空中形態	裁判員給予 "此動作最高為4.5分"	不完整空中形態	MAX 4.5
空中-形態	D 8.1.4 如裁判員 確認 如跳水運動員所展現的空中形態非為參賽時提交的動作	裁判員給予 "此動作最高為2分"	非為參賽時提交的空中形態	MAX 2
空中-形態	D 6.17 如裁判長 確認 跳水運動員所展現的空中形態非為參賽時提交的動作	裁判長宣告 "此動作最高為2分"	非為參賽時提交的空中形態	R MAX 2

轉體	D 8.6.6 如轉體動作多於或小於申報動作90度或更多時	裁判長宣告"動作失敗"; 0 分	多於或小於90度	R "0"
轉體	D 8.4.6進行轉體動作時,轉體動作明顯地於板上或台上完成	裁判員扣除 "1/2分至 2分"	明顯地於板上或台上完成轉體	- 0.5 至 2
轉體	D 8.5.8 曲體動作加轉體時,曲體動作不明顯	裁判員扣除 "1/2分至 2分"	動作不明顯	- 0.5 至 2
轉體	D 8.5.10 抱膝動作加轉體時,抱膝動作不明顯	裁判員扣除 "1/2分至 2分"	動作不明顯	- 0.5 至 2

入水	D 6.19.1 上身入水動作(如103C.105C)入水時腳先入水	裁判長宣告"動作失敗"; 0 分	腳 / 頭先入水	R "0"
入水	D 6.19.2 下身入水動作(如102C.104C)入水時頭先入水	裁判長宣告"動作失敗"; 0 分	腳 / 頭先入水	R "0"
入水	D 6.19 如跳水運動員在上身入水動作(如101C.103C)入水時單手或雙手底於頭部及 下身入水動作(如102C.104C)入水時單手或雙手高於頭部	裁判長宣告"此動作最高為4.5分"	雙手高於/底於頭部	R MAX 4.5
入水	D 8.6.3運動員在上身入水動作(如101C.103C)手臂未伸直並在頭部側面和身體垂直	裁判員給予 "此動作最高為4.5分"	雙手高於/底於頭部和身體垂直	MAX 4.5
入水	D 8.6.4 下身入水動作(如102C.104C)入水時單手或雙手高於頭部	裁判員給予 "此動作最高為4.5分"	雙手高於/底於頭部和身體垂直	MAX 4.5
入水	D 8.6.5 - (D 8.6.3 及 D 8.6.4外) ,入水時單手或雙手位置不正確。	裁判員扣除 "1/2分至 2分"	手 位置不正確	- 0.5 至 2
入水	D 8.6.2 如入水身體不與水面垂直或接近垂直、轉體而身體不垂直、雙腳不合緊及腳趾不合緊蹬直	裁判員依"個人意見"扣除	蹬直	個人意見

裁判長及裁判員於比賽時懲罰分總結 2013-2017 FINA Diving rule D 10 (雙人跳水)

雙人	D 9.11 在雙人跳水情況下,如所有同步分裁判宣告同步分為0分時	裁判長宣告"動作失敗"; 0 分	同步分為0	R "0"
雙人	D 9.2/9.8在雙人跳水情況下,任一運動員或兩名運動員皆所展現的 動作 或 空中形態 並 非 參賽時提交的動作	裁判長宣告"動作失敗"; 0 分	非為參賽時提交的動作/形態	R "0"
雙人	D 9.5 在雙人跳水情況下,任一運動員完成動作入水時,另一運動員尚未離開跳板或跳台	裁判長宣告"動作失敗"; 0 分	嚴重不同步 - 人水 vs 未起跳	R "0"
雙人	D 9.6 在雙人跳水情況下,任一運動員在跳板或跳台上中途停止走板或走台動作但及後再繼續	裁判長宣告"裁判照常打分,工作人員自動為各裁判減2分"	重新開始/繼續	R - 2 "BY 工作人員"
雙人	D 9.9 在雙人跳水情況下,任一運動員被負責該運動員之所有動作裁判宣告"得0分時"	裁判長宣告"動作失敗"; 0 分	所有動作裁判宣告"得0分"	R "0"
雙人	D 9.9 如動作裁判認為該運動員所展現的 動作 或 空中形態 並 非 參賽時提交的動作	裁判員給予 "0 分"	非為參賽時提交的動作/形態	0
雙人	D 9.12 在雙人跳水情況下,如以下條件不足時~相似的開始位置、走板、起板及高度	裁判員扣除 "1/2分至 2分"	走板、起板	- 0.5 至 2
雙人	D 9.12 在雙人跳水情況下,如以下條件不足時~兩人於空中動作的協調	裁判員扣除 "1/2分至 2分"	空中動作	- 0.5 至 2
雙人	D 9.12 在雙人跳水情況下,如以下條件不足時~兩人入水 時間的協調	裁判員扣除 "1/2分至 2分"	入水時間	- 0.5 至 2
雙人	D 9.12 在雙人跳水情況下,如以下條件不足時~兩人入水位置和跳板/台的距離	裁判員扣除 "1/2分至 2分"	入水位置	- 0.5 至 2
雙人	D 9.12 在雙人跳水情況下,如以下條件不足時~相似的垂直入水角度	裁判員扣除 "1/2分至 2分"	垂直入水角度	- 0.5 至 2 *



D 9.3 When judging the synchronisation of the divers, the overall impression of the dives must be taken into account.

D 9.4 The factors to be considered in judging synchronised diving are:

- the starting position, the approach and the take-off, including the similarity of the height,
- the coordinated timing of the movements during the flight,
- the similarity of the vertical angles of the entries,
- the comparative distance from the springboard or platform of the entry,
- the coordinated timing of the entries.

Vertical
No "Any" Angle

D 9.5 If either diver enters the surface of the water before the other diver leaves the springboard or platform, the Referee shall declare it a failed dive.

D 9.6 The Referee shall declare a two-point deduction from all judges when there is a re-start by one or both divers.

D 9.7 The execution judges must not be influenced by any factor other than the technique and execution of the dive, not both dives, nor the synchronisation of the divers.

D 9.8 When either or both divers perform a dive of a different number or position other than that announced, the Referee shall declare the dive a failed dive.

D 9.9 When an execution judge considers that a dive of a different number has been performed by a diver, the judge shall award zero (0) points notwithstanding that the Referee has not declared it to be a failed dive. If both execution judges of one diver in a nine (9) judge panel or all three (3) execution judges in an eleven (11) judge panel, award zero (0) points, the Referee shall declare it a failed dive. If the Referee declares a failed dive, zero (0) points are awarded by all nine (9) or eleven (11) judges.

D 9.10 The synchronisation judges must not be influenced by any other factor other than the coordinated performance of the two divers and not the execution of both dives.

D 9.11 If all the synchronisation judges award zero (0) points, the Referee shall declare it a failed dive.

D 9.12 When any of the following faults are shown, each synchronisation judge shall deduct from $\frac{1}{2}$ to 2 points, according to his opinion, for the lack of:

- similarity of the starting position, approach, take-off or height,
- coordinated timing of the movement during the flight,
- similarity of the vertical angles of the entries,
- comparative distance from the springboard or platform of the entry,
- coordinated timing of the entries.

D 10 SUMMARY OF THE PENALTIES

Referee to declare "Failed Dive"; 0 points

D 6.12 If the diver takes more than one minute, after a warning.

D 6.16 If a diver double bounces on the end of the springboard or platform before take-off.

D 6.18 If a diver has performed a dive of a number other than that announced.



D 6.19.1 If the feet enter the water before the head or hands in a head first dive.

D 6.19.2 If the head or hands enter the water before the feet in a feet first dive.

D 6.21 If assistance has been given to the diver after the starting signal.

D 6.24 When a second attempt (a re-start) is unsuccessful.

D 6.25 If a diver refuses the execution of a dive.

D 8.3.3 If the final step is not from one foot.

D 8.4.3 If the take-off from the springboard is not from both feet simultaneously.

D 8.6.6 If a twist is greater or less than that announced by 90 degrees or more.

D 9.2 / 9.8 In synchronised diving if a diver, or both divers, perform a dive of a different number or position.

D 9.5 In synchronised diving if either diver enters the surface of the water before the other diver leaves the springboard or platform.

D 9.9 In synchronised diving if all execution judges for one diver award zero (0) points

D 9.11 In synchronised diving if all synchronisation judges award zero (0) points.

Referee to declare "2 points deduction"

D 6.22 If a diver takes a step and stops or stops the movement for a standing take-off after the legs have commenced to press.

D 6.23 If there is a re-start in a standing, running, or armstand dive.

D 9.6 In synchronised diving if there is a re-start by one or both divers.

Referee to declare "2 points maximum"

D 6.17 If a diver performs a dive in a position other than that announced.

Referee to declare "4 ½ points maximum"

D 6.19 If a diver has one or both arms held above the head in a feet first entry or below the head in a head first entry.

Judges to award "0 points"

D 8.1.7 If a dive of a different number has been performed.

D 8.3.4 If a diver double bounces in a dive at the end of the springboard or platform before the take-off.

D 9.9 If an execution judge considers that a dive of a different number has been performed.



Judges to award "2 points maximum"

D 8.1.4 If a dive is performed clearly in a position other than that announced.

D 8.5.3 If in a dive, a diver is unsafely close to the springboard or platform or touches the end of the springboard or platform with his head.

Judges to award "4 ½ points maximum"

D 8.1.5 If a dive is performed partially in a position other than that announced.

D 8.5.6 If in a flying dive, a straight position is not clearly shown for at least one quarter of a somersault (90°) in dives with somersault and at least a half somersault (180°) in dives with more than 1 somersault.

D 8.6.3 If the arms are not stretched beyond the head and in line with the body, with the hands close together in a head first dive.

D 8.6.4 If the arms are held above the head in a feet first entry.

Judges to deduct "from ½ to 2 points"

D 8.1.6 If a dive is not performed in a position as described.

D 8.2.3 If the correct starting position is not free and unaffected.

D 8.2.4.3 If there is a bounce (crow-hop) in a standing dive.

D 8.2.6.2 If in an armstand dive, a stationary and steady balance in the straight vertical position is not shown.

D 8.3.2 If the run is not smooth, aesthetically pleasing in a forward direction to the end of the springboard or platform.

D 8.4.5 If the take-off is not bold, high, and confident.

D 8.4.6 If in a twist dive, the twisting is manifestly done from the springboard or platform.

D 8.5.4 If the positions as described in the rules are not shown.

D 8.5.8 If in a pike dive with twist, the pike position is not clearly shown.

D 8.5.10 If in a tuck dive with twist, the tuck position is not clearly shown.

D 8.6.5 Notwithstanding Rules D 8.6.3 and D 8.6.4, the arms are not in the correct position in either the head first or feet first entry.

D 9.12 In synchronised diving if any of the following are not shown:

- similarity of the starting position, approach, take-off and height;
- coordinated timing of the movement during the flight;
- similarity of the vertical angles of the entries;
- comparative distance from the springboard or platform of the entry;
- coordinated timing of the entries.



Judges to deduct "according to individual opinion"

D 8.5.1 If in a dive, the diver dives to the side of the direct line of flight.

D 8.5.2 If in a dive, a diver touches the end of the springboard or platform with his feet or hands.

D 8.6.2 If the entry into the water is not vertical, or nearly so, or twisted with the body not straight, the feet not together, and the toes not pointed.

AGE GROUP RULES DIVING

DAG 1 FINA Rules of competition will apply in all age group competitions.

DAG 2 Age Categories

All age group divers remain qualified from the 1st of January to midnight of the following 31st of December in the year of competition.

DAG 3 Diving Events

DAG 3.1 Group A

DAG 3.1.1 Age: 16, 17, or 18 years on December 31st of the year of the competition.

DAG 3.1.2 Competition Format

Girls' Springboard – 1 metre and 3 metre

This competition shall comprise nine (9) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 metre events and 9.0 for 1 metre events, and four (4) dives without limit of degree of difficulty, each dive selected from a different group.

Girls' Platform – 5 metre – 7.5 metre – 10 metre

This competition shall comprise eight (8) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and four (4) dives without limit of degree of difficulty, each dive selected from a different group. At least five (5) different groups must be used.

Boys' Springboard – 1 metre and 3 metre

This competition shall comprise ten (10) different dives; five (5) dives each selected from a different group, the total degree of difficulty shall not exceed 9.5 for 3 metre events and 9.0 for 1 metre events, and five (5) dives without limit of degree of difficulty, each dive selected from a different group.

Boys' Platform – 5 metre – 7.5 metre – 10 metre

This competition shall comprise nine (9) different dives; four (4) dives each selected from a different group, the total degree of difficulty shall not exceed 7.6, and five (5) dives without limit of degree of difficulty, each dive selected from a different group. All six (6) groups must be used.